

# Pink Lady® apple and pancake tacos

Serves 4



Anke Roux

## Ingredients:

#### Pink Lady® compote:

- ♥ 4 Pink Lady<sup>®</sup> apples, peeled, cored and diced
- ♥ 1 cup (250ml) frozen raspberries, crushed
- ♡ Grated peel of 1 lemon
- ♡ ¼ cup (80ml) castor sugar (adjust quantity according
  - ♡ to taste preference)
  - ♡ 1 tsp (5ml) vanilla extract

#### For the tacos:

- ♥ <sup>4</sup>/<sub>5</sub>-1 cup (200-250ml) milk
- ♡ 3 extra-large eggs
  ♡ 1 cup (250ml) self-raising flour
- 💙 2 Tbsp (30ml) sugar
- ♡1 tsp (5ml) vanilla essence
- ♥ Pinch salt
- $\stackrel{\circ}{\bigtriangledown}$  2 Tbsp (30ml) melted butter, plus extra for frying

#### For serving:

- ♡ Ricotta cheese or full-cream yoghurt
- ♡ Fresh mint
- ♡ A few thin slices Pink Lady<sup>®</sup> apples

### Method:

- 1. Place nuts in a food processor and blend until very finely chopped.
- 2. Add spices, lemonPlace all the compote ingredients in a saucepan and heat gently until the berries begin to release their juice.
- 3. Reduce heat and simmer gently for 10-20 minutes, or until most of the liquid evaporates and mixture is a jammy consistency. Set aside.
- 4. To make the tacos, whisk the milk and eggs until well combined.

5. Add the remaining ingredients, except the butter, and mix until just combined. Don't overmix the batter.

- 6. Brush a nonstick pan with melted butter and fry a ¼ cup batter until golden on both sides.
- 7. Gently fold pancake into a taco shape while still hot.
- 8. Repeat process with remaining batter.
- 9. Fill the tacos with a dollop of apple compote and some ricotta or yoghurt.
- 10. Serve garnished with mint and apple slices.

